

Article/Artigo

Evidence of a higher prevalence of HPV infection in HTLV-1-infected women: a cross-sectional study

Evidência de maior prevalência de infecção pelo HPV em mulheres infectadas pelo HTLV-1: um estudo de corte transversal

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Introduction: HTLV-1 infection increases susceptibility to other infections. Few studies have addressed the co-infection between HPV and HTLV-1 and the immune response involved in this interaction. The aim of this study was to determine the prevalence of cervical HPV infection in HTLV-1-infected women and to establish the risk factors involved in this co-infection. Methods: A cross-sectional study was carried out in Salvador, Brazil, between September 2005 and December 2008, involving 50 HTLV-1-infected women from the HTLV Reference Center and 40 uninfected patients from gynecological clinic, both at the Bahiana School of Medicine. HPV infection was assessed using hybrid capture. HTLV-1 proviral load was quantified using real-time polymerase chain reaction (PCR). Results: The mean age of HTLV-1-infected women (38 \pm 10 years) was similar to that of the control group (36 \pm 13 years). The prevalence of HPV infection was 44% in the HTLV-1-infected group and 22.5% in uninfected women (p = 0.03). HTLV-1-infected women had lower mean age at onset of sexual life $(17 \pm 3 \text{ years } \text{versus } 19 \pm 3 \text{ years; } p = 0.03)$ and greater number of lifetime partners compared there was neither difference in HTLV-1 proviral load between HPV-infected women and the uninfected. Conclusions: The prevalence of HPV infection was higher in HTLV-1-infected women. Further studies should be performed to evaluate the progression of this co-infection.

Keywords: HTLV-1. HPV. Proviral load. Brazil.

RESUMO

Introdução: A infecção pelo HTLV-1 aumenta a susceptibilidade para outras infecções. Poucos estudos avaliaram a co-infecção entre HPV/HTLV-1 e a resposta imune envolvida nesta interação. O objetivo deste trabalho é determinar a prevalência de infecção cervical pelo HPV em mulheres infectadas pelo HTLV-1 e estabelecer os fatores de risco envolvidos nesta co-infecção. Métodos: Um estudo de corte transversal foi conduzido em Salvador, Brasil, entre setembro de 2005 e dezembro de 2008, envolvendo 50 mulheres infectadas pelo HTLV-1, acompanhadas no Centro de Referência de HTLV e 40 mulheres não infectadas, acompanhadas no Serviço de Ginecologia, ambos na Escola Bahiana de Medicina. A infecção pelo HPV foi confirmada pela Captura Híbrida. A carga proviral do HTLV-1 foi quantificada pelo PCR em tempo real. Resultados: A média de idade das mulheres infectadas pelo HTLV-1 (38±10 anos) foi semelhante ao do grupo controle (36±13 anos). A prevalência de infecção pelo HPV foi 44% nas mulheres infectadas pelo HTLV-1 e de 22,5% no grupo controle (p=0,03). Mulheres infectadas pelo HTLV-1 informaram menor idade de início de vida sexual (17±3 anos versus 19±3 anos; p=0,03) e maior número de parceiros sexuais, em relação ao grupo controle (4±3 versus 2±1; p<0,01). No grupo de mulheres infectadas pelo HTLV-1, não se observou diferença entre a carga proviral do HTLV-1 entre as mulheres infectadas pelo HPV e as não infectadas. Conclusões: A prevalência de infecção pelo HPV foi maior em mulheres infectadas pelo HTLV-1. Novos estudos devem ser realizados para avaliar a progressão desta co-infecção.

Palavras-chaves: HTLV-1. HPV. Carga proviral. Brasil.

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INTRODUCTION

Human T-cell lymphotropic virus type-1 (HTLV-1) infects approximately 10-20 million people around the world1. In Brazil, the highest (1.7%) prevalence of infection is in Salvador, a city with about three million people, located in the northeast of Brazil. The infection is more frequent in women, reaching 10% of prevalence in women above fifty years². HTLV-1 is the etiologic agent of adult T-cell leukemia/lymphoma³, HTLV-1associated myelopathy/tropical spastic paraparesis (HAM/TSP)^{4,5}, and HTLV-1-associated uveitis⁶. In addition, a higher prevalence of infectious diseases, such as infective dermatitis^{7,8}, tuberculosis^{9,10}, strongyloidiasis 11-13, and Norwegian scabies 14-16, has also been described in HTLV-1-infected individuals.

Human papillomavirus (HPV) is the etiologic agent of one of the most prevalent sexually transmitted diseases in the world and is also directly related to cervical cancer¹⁷, the third most common cancer in Brazil. The HPV types 16 and 18 are the most frequent types found in cervical squamous cell carcinoma, accounting for more than 70% of cases¹⁸. A higher frequency of HPV infection and an increased risk of cervical cancer are found in immunosuppressed women, as can be observed in human immunodeficiency virus (HIV)-infected patients 19-21. The studies that assessed the association of HPV infection in HTLV-1 patients have not reached a consensus on the epidemiological aspects of this co-infection²²⁻²⁵. The aim of this study was to determine the prevalence of HPV infection in HTLV-1-infected women in the City of Salvador, Bahia, Brazil, and to establish the risk factors involved in this co-infection.

METHODS

A cross-sectional pilot study with a control group was carried out in Salvador, Brazil, between September 2005 and December 2008, involving 50 HTLV-1-infected patients and 40 uninfected

women. All patients were followed at the Bahia School of Medicine and Public Health (EBMSP), Salvador, Brazil. HTLV-1-infected patients were selected from the HTLV Reference Center that has provided comprehensive care to a total of 1,050 patients since 2002. Of these, 50% are regularly seen at least twice a year (75% women). Uninfected controls were selected at the Gynecological Outpatient Clinic, located on the same campus. Patients were invited and sequentially included in the study upon their medical visit. Inclusion criteria were positive serology for HTLV-1 (HTLV-1 group), tested negative for HTLV-1 (control group), sexually active, and met criteria for sample collection for Pap smear. Patients with positive serology for HIV, pregnant women, transplant recipients, patients on chemotherapy or steroids, or those with diseases that compromise the immune system were excluded.

The patients answered a questionnaire that assessed demographics, medical, sexual, and gynecological data. After the interview, physical and gynecological examinations were performed. Specimens for Papanicolaou smears were collected from ectocervix and endocervix using an Ayres spatula and cytobrush, respectively. Squamous cell abnormalities seen in the Papanicolaou smears were classified as low-grade or high-grade squamous intraepithelial lesions, in accordance with the Bethesda System²⁶. The cervical samples were collected using a sterile swab and stored in universal collection medium (UCM) solution. The hybridization was performed using the commercial kit supplied by the Digene HPV (São Paulo, Brazil), according to the protocol specified by the manufacturer. The samples were processed in the laboratory of clinical analysis DNA (Salvador, Bahia).

The populations of CD4+ and CD8+ (cluster of differentiation) lymphocytes were analyzed using flow cytometry (FACScan), after labeling cells with monoclonal antibodies and CD3-FITC (fluorescein isothiocyanate) anti-CD4-PE (phycoerythrin) and anti-CD8-PerCP (peridinin chlorophyll protein). The HTLV-1 proviral load was measured using the technique of real-time polymerase chain reaction (PCR) after obtaining mononuclear cells from peripheral blood by density gradient and DNA extraction by the commercial kit (QIAGEN, Germany) previously described²⁷.

Categorical variables were expressed as absolute values and percentage. Quantitative variables were described as mean and standard deviation or as median and interquartile interval. The Chisquare or the Fischer's exact tests were used to compare categorical variables between groups. The independent Student's t-test was used to compare continuous variables between groups. The association between HPV infection and the presence of HTLV-1 were verified, along with others known risk factors for HPV infection. Unadjusted odds ratio (OR) were calculated to screen for inclusion in an initial multivariate model. Variables that exhibited at least a moderate association with the outcome in the presence of these design variables were considered for inclusion in the final models. The analysis was performed using the SPSS software (Statistical Package for the Social Sciences), version 17.0.

Ethical considerations

The project was approved by the Ethics Research Center from *Gonçalo Muniz* Center, *Fundação Oswaldo Cruz*, Bahia. All patients read and signed an informed consent before being included in the study.

RESULTS

The mean age of the HTLV-1-infected group was similar to that of the control group. HTLV-1-infected patients had a lower age of first sexual intercourse (17 years *versus* 18.6 years; p = 0.03), a higher number of sexual partners (4.1 *versus* 1.9; p < 0.01), and a higher number of abortions (1 *versus* 0.5; p = 0.02) compared with the control group (**Table 1**).

The HPV prevalence was higher among HTLV-1-infected women than in the control group (44% *versus* 22.5%; p = 0.03) (**Table 2**). There was no difference in the frequency of HPV type among the groups. One HTLV-1-infected patient showed a high-grade squamous intraepithelial lesion (HSIL), whereas women of the control group had cytological findings classified as normal or inflammatory. There was no difference in the prevalence of HPV

TABLE 1 - Sociodemographic characteristics and sexual antecedents (n = 90).

	HTLV-1-infected patients	Healthy control	p
	(n = 50)	(n = 40)	value
Age (years)	37.8 ± 10.4	35.6 ± 13	0.37
Civil status			0.32
long-time relationship	29 (58.0)	19 (47.5)	
single/widow	21 (42.0)	21 (52.5)	
Smoking	3 (6.0)	5 (12.5)	0.45
Study (years)	7.8 ± 3.6	8.4 ± 2.2	0.38
≤8	48.0	47.5	
>8	52.0	52.5	
Age at first sexual intercourse (years)	17± 3.4	18.6 ± 3.3	0.03
Numbers of sexual partners	4.1 ± 3.2	1.9 ± 1.1	< 0.01
Parity	2.3 ± 2.6	1.6 ± 1.4	0.18
Abortions	1 ± 1.2	0.5 ± 0.7	0.02

HTLV-1: human T-cell lymphotropic virus type-1. Categorical variables were expressed as n (%). Quantitative variables were described as mean and standard deviation.

infection among HTLV-infected and uninfected groups when women were stratified into age ranges (15-25, 26-35, 36-45, 46-55, and 56-65 years). Four positive cases of HPV infection (18.2%) were observed in HTLV-infected women with 46-55 years, whereas none was found in the control group at same age (p = 0.31) (data not shown).

The OR for HPV infection in HTLV-1-infected patients was 2.7 (95% confidence interval, CI: 0.8-8.2; p=0.07) after adjusting the variables. The OR of age for HPV infection was 0.9 (95% CI: 0.8-0.9; p=0.03), and the number of sexual partners showed an OR of 1.1% (95% CI: 0.9-1.4, p=0.09) (Table 3). The HTLV-1-infected patients with HPV co-infection showed a higher number of sexual partners compared with the HTLV-1-infected patients not infected with HPV (5.3 *versus* 2.6;

p = 0.01). There were no observed differences regarding other possible risk factors associated with this co-infection (**Table 4**).

Regarding immunological features, there was no difference in the HTLV-1 proviral load in patients with HPV infection compared with the group without HPV infection (16,000 copies/ 10^6 peripheral blood mononuclear cell [PBMC] *versus* 6,114 copies/ 10^6 PBMC; p=0.42). No difference was observed in the proportion of T-CD4+ lymphocytes in the HTLV-1 and HPV-co-infected patients compared with HTLV-1-infected patients (43.8 \pm 10.6% *versus* 48.9 \pm 8.6%; p=0.1) (data not shown).

DISCUSSION

The present study indicated a higher prevalence of cervical HPV infection in HTLV-1-infected women. The HTLV-1 infection and the number of sexual partners appeared to be associated with increased risk for HPV infection, despite the absence of statistical difference in this study. Only the age of patients had a significant association with HPV infection: younger patients had an increased risk for HPV infection. In spite of the higher frequency of cervical HPV infection in HTLV-1-infected women, there was no occurrence of cervical cancer in these patients.

A few studies have assessed the association between HTLV-1 and cervical HPV infection. In Japan, a cross-sectional study²² observed higher prevalence of HTLV-1 infection in patients with cervical cancer, assigning a threefold higher risk for this malignancy. In Jamaica, a case-control study suggested that HTLV-1 infection was a risk factor for progression of cervical intraepithelial neoplasia²³. However, another study performed in that same area did not confirm this association²⁴. Moreover, a study conducted in Mexico failed to find a relation between HTLV-1 infection and risk for cervical cancer²⁵.

As this is a pilot cross-sectional study, involving a small sample size, it was not possible to estimate the prevalence of cervical cancer or premalignant lesions. The absence of cervical cancer in this population could also be explained by the young age of patients, although cervical cancer may occur from the third decade of life; the peak age-specific cervical cancer is around the sixth decade of life²⁸. Also, it was not possible to identify the HPV types involved in the infections or to determine whether this population has lower tissue viral clearance.

The HTLV-1 infection induces a spontaneous proliferation of lymphocyte subsets. As a result, HTLV-1-infected individuals have an increased population of activated lymphocytes, an

TABLE 2 - HPV infection and cytological findings (n = 90).

	HTLV-1-infected patients	Healthy control	
	(n=50)	(n=40)	value
HPV infection	22 (44.0)	9 (22.5)	0.03
HPV group			
group A	2 (9.1)	0 (0.0)	1.00
group B	12 (54.5)	7 (77.8)	0.41
group A+B	8 (36.4)	2 (22.2)	0.67
Cytological findings			1.00
normal or inflammatory	49 (98.0)	40 (100.0)	
HSIL	1 (2.0)	0 (0.0)	

Categorical variables were expressed as n (%). Quantitative variables were described as mean and standard deviation; **HTLV-1:** human T-cell lymphotropic virus type-1; **HSIL**: High-grade squamous intraepithelial lesion.

TABLE 3 - Adjusted odds ratio for potential risk factors for HPV infection (n = 90).

Variables	Adjusted OR	95% CI	p value
HTLV-1 infection	2.7	0.8-8.2	0.07
First sexual intercourse	1.0	0.8-1.2	0.63
Numbers of sexual partners	1.1	0.9-1.4	0.09
Age	0.9	0.8-0.9	0.03
Parity	0.9	0.6-1.2	0.57

HPV: human papillomavirus; **HTLV-1:** human T-cell lymphotropic virus type; **OR:** odds ratio; **CI:** confidence interval.

TABLE 4 - Possible risk factors associated with HTLV-1 and HPV co-infection (n = 50).

	HTLV-1-infected patients		
	HPV present	HPV absent	p
	(n = 22)	(n=28)	value
Age (years)	35.3 ± 10.2	39.8 ± 10.3	0.13
Civil status			0.19
long-time relationship	15 (68.2)	14 (50.0)	
single/widow	7 (31.8)	14 (50.0)	
Smoking	2 (9.1)	1 (3.6)	0.57
Study (years)			0.14
<u>≤</u> 8	8 (36.4)	16 (57.1)	
>8	14 (63.6)	12 (42.9)	
Age at first sexual intercourse (years)	17.0 ± 2.8	16.9 ± 3.8	0.87
Numbers of sexual partners	5.3 ± 3.9	3.1 ± 2.2	0.01
Parity	1.9 ± 2.2	2.6 ± 2.9	0.36
Abortions	1.1 ± 1.2	0.9 ± 1.1	0.55

HTLV-1: human T-cell lymphotropic virus type; HPV: human papillomavirus. Categorical variables were expressed as n (%). Quantitative variables were described as mean and standard deviation.

increased expression of proinflammatory cytokines²⁹, and lower proliferative response to recall antigens³⁰, which may induce an immunosuppression. These immunological abnormalities and the highest exposure to risk factors common to HTLV-1 and HPV could explain the high prevalence of HPV infection³¹. Other immunosuppressive diseases are also associated with a high prevalence of HPV infection, such as HIV infection²⁰ and systemic lupus erythematosus³². However, no difference was found in the proportion of CD4-T lymphocytes and in the HTLV-1 proviral load of HTLV-1-infected patients with HPV, compared with HTLV-1-infected women.

This study indicated that HTLV-1-infected patients are more susceptible to HPV infection than healthy women and the number of sexual partners seems to be involved with the risk for HPV infection. Thus, these patients could benefit from gynecological visits at shorter intervals. Longitudinal studies should be conducted, following a higher number of women infected with HTLV-1 to confirm the HPV prevalence and observe the onset of cervical abnormalities.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

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