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This study was supported by the Swedish Government Grant for Clinical Research (ALF), Skåne University Hospital (SUS) Research Grants, Skåne County Council Research Grants, the Lund University Grant for Research Infrastructure, Crown Princess Margaret's Foundation (KMA), the Foundation for the Visually Impaired in the County of Malmöhus, The Nordmark Foundation for Eye Diseases at Skåne University Hospital, a Lund Laser Center Research Grant, Carmen and Bertil Regnér's Foundation, and the Swedish Eye Foundation.

The authors have no conflicts of interest to declare.

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Re: "Orbital Cellulitis in Chagas Disease: An Unusual Presentation"

To the Editor:

We have read with attention the article entitled "Orbital Cellulitis in Chagas Disease: An Unusual Presentation" and we would like to make some comments.

Painless periorbital edema, known as Romaña's sign, is pathognomonic of acute Chagas disease.1 This sign has been addressed in few articles in the literature and was recently addressed by Hernandez-Bogantes et al.2 We believe that the publication would deserve a better review of the literature an appropriate discussion regarding Chagas disease. Our main comment is about the complaint of pain. Romaña's sign is characterized by the absence of pain, which suggests another cause that justifies this complaint. Moreover, there is no evidence of the presence of the Trypanosoma cruzi to confirm the diagnostic of acute Chagas disease. The authors mistakenly used IgG serologic tests to make the diagnosis. Direct investigation of the parasite in blood smears or IgM serology was not performed.3 According to current guidelines for Chagas disease, the main test for diagnosing Chagas heart disease is the electrocardiogram.3 A normal echocardiogram does not rule out the possibility that the patient has heart disease. In the chronic phase, the diagnosis is essentially serological.3 Due to the low sensitivity of polymerase chain reaction, this test is not indicated for diagnostic clarification in the chronic phase of the disease.4 Unlike malaria, it has not been proven that the use of repellents prevents Chagas disease and, as far as we are aware, it has never been indicated as an individual protective measure.

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The authors have no financial or conflicts of interest to disclose.

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Reply re: "Orbital Cellulitis in Chagas Disease: An Unusual Presentation"

To the Editor:

We appreciate Dr. Hasslocher-Moreno interest in our case report. As mentioned in the title, this is an unusual presentation of orbital cellulitis in a patient with Chagas disease.

In response to Dr Hasslocher-Moreno comments, Romaña sign is a unilateral palpebral edema that occurs when the conjunctiva is the portal of entry. Although Romaña sign is characterized by the absence of pain, in our experience patients could subjectively manifest discomfort because of the level of edema as seen in the clinical figure.

It is correct that the diagnosis of acute disease is made by direct microscopic visualization of trypomastigotes in blood not performed in our case report. We respectfully disagree that serological testing through detection of IgG antibodies against *Trypanosoma cruzi* were mistakenly used.¹

We support the authors assertion that, according to the latest Brazilian consensus, the main test for diagnosing Chagas heart disease is an electrocardiogram. Although not mentioned is our case report, a resting electrocardiogram was performed. Despite the fact that no anormalities were detected, a cardiac ultrasonography was also carried out. We concur that these examinations do not rule out heart disease, this is why, as mentioned, the patient continues the recommended follow-up.²

The Centers of Disease Control and Prevention currently recommends the use of EPA-registered insect repellents with one of the following active ingredients: NN-diethyl-3-methylbenzamide, picaridin, IR3535, oil of lemon eucalyptus, para-menthane-diol, or 2-undecanone.

It is known that triatomines are mostly refractory to the commonly used repellents containing NN-diethyl-3methylbenzamide. However, promising research in finding effective alternatives such as essential oils or other synthetic repellents are ongoing.³

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