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# An outbreak of severe leptospirosis in capuchin (*Cebus*) monkeys

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## Abstract

Naturally acquired acute leptospirosis in monkeys is uncommon. This study reports an outbreak of severe leptospirosis among 52 capuchin (*Cebus*) monkeys that had been rescued from homes and housed in a wildlife rehabilitation center in Colombia in 2007. Case confirmation consisted of *Leptospira* isolation followed by a polymerase chain reaction targeting the *LipL32* gene. The attack and mortality rates were 71% and 27%, respectively. Sixteen cases were confirmed. Necropsy revealed diffuse jaundice and pulmonary hemorrhage. Multi-locus sequence typing identified the agent to be *Leptospira interrogans* sequence type 17, indicating rats as the source of infection. An environmental survey confirmed rodent infestation as the cause of the outbreak. The extent of *Leptospira* transmission between humans and monkeys is unknown. Improper husbandry of non-human primates could create new reservoirs and transmission routes for *Leptospira* threatening conservation efforts and public health.

### Keywords

Leptospirosis; Cebus; Capuchin monkey; Outbreak; Rat

Wildlife trade is an extensive and profitable business in Colombia. Some of the trade is domestic with city dwellers keeping wild animals as pets, often illegally. As part of a movement to protect wildlife in Colombia, Environmental Police (Policia Ambiental) confiscates illegally kept wild animals and places them in rehabilitation centers (shelters) prior to their release. During the year 2009 in the Valle de Aburrá region of Colombia alone, nearly 6000 wild animals were confiscated and 4600 rehabilitated and released back into their natural habitat. In addition to the ethical and conservation concerns, there is a significant public health risk associated with illegal wildlife ownership, as wild animals are thought to be the source of over 70% of all emerging infections (Chomel et al., 2007).

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Leptospirosis is an emerging worldwide zoonosis caused by bacteria of the genus *Leptospira*. Rodents and other animals are chronic carriers that excrete pathogenic *Leptospira* in their urine and contaminate the environment. Infection is acquired via direct or indirect contact with the urine of carrier animals. Humans may develop severe forms of the disease such as Weil's disease (associated jaundice, bleeding and acute renal failure) and pulmonary hemorrhage syndrome, for which case fatality is more than 10% and 50%, respectively (McBride et al., 2005). Although monkeys are susceptible to experimental leptospirosis, naturally acquired, acute leptospirosis in non-human primates is uncommon (Minette, 1966). Here, we describe an outbreak of severe icterohemorrhagic leptospirosis in a group of confiscated capuchin monkeys in a wild-life center in Colombia.

The study population consisted of 52 capuchin monkeys belonging to three species, namely, brown (*Cebus apella*), white-fronted (*C. albifrons*) and white-faced (*C. capuchinus*). The capuchins are medium-sized, omnivorous monkeys that are endemic to Central and South America. The animals had been confiscated from homes by the Environmental Police and placed for rehabilitation at the Centro de Atención y Valoración de Fauna Silvestre, a wildlife rehabilitation center in the Valle de Aburrá region of Colombia. All 52 monkeys were moved into the shelter between December 2006 and June 2007, and there were no new arrivals later in 2007. Upon arrival, every animal was examined and quarantined for 30 days in the center in individual cages. After the quarantine period, the monkeys were housed in communal wire-mesh enclosures outdoors.

Laboratory confirmation of cases consisted of a two-step process. First, peripheral blood samples from all 52 capuchin monkeys present in the shelter during the study period (with and without clinical signs) were cultured in semisolid Fletcher media beginning January 2007. Subsequently, genomic DNA was extracted from Leptospira positive cultures using Quiamp DNA mini kits (Qiagen) and all positive cultures were confirmed by a polymerase chain reaction (PCR) targeting the LipL32 gene to demonstrate the pathogenic status of the isolate (Levett, 2007). To ensure that the amplicons were *LipL32 Leptospira* sequences, PCR products from the two index case isolates were purified (Microcon Centrifugal Filter Devices) and sequenced in both directions on a 3130 DNA sequencer (Applied Biosystems). Sequences were examined and aligned using MEGA version 4.0 software (Tamura et al., 2007). Thus laboratory confirmation of cases required both a positive Leptospira culture and a positive PCR demonstrating the presence of the *LipL32* virulence gene. We elected to apply stringent case confirmation criteria to rule out the possibility of contamination with non-pathogenic *Leptospira* species that do not carry the *LipL32* gene. Conversely, we defined as 'suspected cases' all capuchin monkeys present in the shelter during the epizootic that were not confirmed cases.

To determine the serovar of the infecting agent, multi-locus sequence typing (MLST) of the index case isolates was performed (Thaipadungpanit et al., 2007). Sequences were obtained and examined using the methods described above. The sequence type of the isolates was determined using the publicly available *Leptospira* MLST database.<sup>1</sup> An environmental survey of the shelter was also conducted.

The index cases were identified and confirmed in January 2007, when two monkeys became acutely ill with jaundice and died. Demographic, clinical and necropsy findings in all confirmed and suspected cases are summarized in Table 1. The majority of monkeys suffered from depression and malnutrition. The most common clinical sign among both confirmed and suspected cases was icterus, followed by lymphadenopathy. Of the 52 capuchin monkeys, 37 (71%) showed clinical signs consistent with leptospirosis and 14

<sup>&</sup>lt;sup>1</sup>See: http://leptospira.mlst.net.

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monkeys (27%) died. There were 16 confirmed cases with a case fatality rate of 44%. Of the confirmed cases, two animals did not exhibit signs of illness consistent with leptospirosis. Necropsy was performed on four confirmed cases and all revealed pulmonary hemorrhage. The monkeys spent an average of 3 months in the rehabilitation center before the onset of clinical signs. No animals were affected while in quarantine in the center (first 30 days). The epizootic lasted from January to August, 2007. The epidemic curve revealed a peak in the number of cases in July (Fig. 1).

Genotyping revealed that the agent for the outbreak was *Leptospira interrogans* MLST sequence type 17 (serovar Copenhageni/Icterohaemorrhagiae). The DNA sequences have been submitted to GenBank under accession numbers HM049912–HM049925. All monkeys exhibiting signs of illness were isolated and received antibiotic therapy (Streptomycin 20 mg/kg for 5 days). Additionally, a quicklime footbath was placed at the entrance of enclosures. Environmental survey indicated signs of active rodent infestation including rat sightings and the presence of droppings in and around the enclosures. Accumulated water and food were also observed on the floor of the enclosures.

This is the first report of a severe leptospirosis outbreak among capuchin monkeys. Naturally acquired fulminant leptospirosis in New World monkeys has been previously reported in a squirrel monkey (*Saimiri sciureus*) colony in French Guiana (Perolat et al., 1992). Several serological studies in Latin America detected antibodies to *Leptospira* in various species of apparently healthy non-human primates (Lilenbaum et al., 2005). The agent for the present outbreak, which is carried by the brown rat (*Rattus norvegicus*), is one of the most common *Leptospira* serovars affecting humans and animals in urban areas of Latin America (Ko et al., 1999). Recently, a cross sectional study conducted in an urban market near the wildlife shelter has shown that rats were an important reservoir for pathogenic *Leptospira* organisms in the study area (Agudelo-Florez et al., 2009). Like most New World Monkeys, capuchins are arboreal and have minimal contact with rats in their natural habitat. A captive environment that forces capuchin monkeys to spend time on the ground facilitates their exposure to rodents and increases their risk of *Leptospira* infection (Minette, 1966).

The monkeys developed clinical signs after relocation from quarantine which suggests that the exposure occurred in the communal enclosure outdoors. The only effective intervention against the agent of this outbreak is rodent control, which would have prevented this epizootic. Short of effective pest control, contact with the urine of carrier rats may have been reduced by securing water bowls on raised stands, providing more branches and elevated platforms for the monkeys to rest on, more frequent cleaning of the floor of the enclosure, and the installation of cement flooring where water cannot accumulate.

The protracted epidemic curve implies continuous exposure of susceptible individuals to *Leptospira*, as new monkeys arrived to the center occasionally. The sudden increase in the number of cases in July 2007 could be explained by an increase in the number of new arrivals to the shelter earlier that year, which resulted in a higher number of susceptible individuals and crowding in the enclosures. Conversely, the end of the epizootic in August was most likely due to the lack of susceptible individuals, as there were no new arrivals to the center after June in 2007. Although the initial source of infection was the presence of rats, monkey-to-monkey transmission might have contributed to the propagation of the outbreak. The possibility of direct transmission of *Leptospira* among monkeys has been suggested, but the evidence is circum-stantial (Baulu et al., 1987). It has also been proposed that monkeys may become renal carriers of *Leptospira* in the urine of infected monkeys, we confirmed two cases with non-specific signs of illness, raising the possibility of

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asymptomatic carriers. The extent of direct *Leptospira* transmission between humans and non-human primates is unknown. This epizootic emphasizes that inappropriate husbandry practices may create new reservoirs and transmission routes for zoonotic pathogens such as *Leptospira*, threatening conservation efforts and public health.

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Epidemic curve based on the onset of symptoms in 37 capuchin monkeys that showed clinical signs consistent with icterohemorrhagic leptospirosis.

#### Table 1

Demographic information, clinical signs, and gross necropsy findings of 52 capuchin monkeys suspected or confirmed of leptospirosis in a wildlife rehabilitation center in Colombia.

	Confirmed cases $(n = 16)$		Suspected cases $(n = 36)$	
	Number	Percent	Number	Percent
Species			· · ·	
C. albifrons	13	81	31	86
C. capuchinus	2	13	4	11
C. apella	1	6	1	3
Presentation				
Lethargy	10	62	9	25
Emaciation	8	50	13	36
Dehydration	3	19	3	8
Clinical signs				
Icterus	14	87	23	64
Lymphadenomegaly	9	56	15	42
Pale mucous membranes	5	31	10	28
Respiratory distress	5	31	1	3
Abnormal lung sounds	6	37	5	14
Hepatomegaly	1	6	2	6
Renomegaly	2	12	2	6
Melena	2	12	2	6
No apparent clinical signs	2	12	13	36
Outcome				
Death	7	44	7	19
Necropsy gross findings				
Pulmonary hemorrhage	4			
Hemorrhagic mesenteric lymph nodes	2			
Liver congestion	2			
Kidney congestion	1			